

Shermco Industries Canada | 1033 Kearns Cr., RM of Sherwood, SK S4K 0A2 p. 306.949.8131 | canadatraining@shermco.com

# **Qualified Electrical Worker Refresher Course**

# 1 Day - 8 Contact Hours ~ \$500 (Online Training)

### Who Should Attend?

This one-day course is designed for those who have completed the Qualified Electrical Worker training course and require the refresher course for updates on CSA Z462-18 and other current regulations and standards.

All technicians, field-service personnel, electricians, supervisors and engineers who perform operation or maintenance work on electric devices and equipment with voltage ratings from 400 / 600 up to high voltage.

# **Course Description**

This Shermco course reminds your employees to assess the hazards, control exposure and reduce the risks associated with working on or near high voltage equipment.

# **Lab Time and Prerequisites**

This course is online based with no hands-on labs. Attendees should have completed Qualified Electrical Worker Training.

#### **Course Outline**

## Electricity's Effect on the Human Body

- Effect of shock on the human body
- Ventricular fibrillation
- Effect of arc flash and arc blast
- Arc flash incident review

### **Shock and Arc Flash Risk Assessment**

- Shock risk assessment
- Arc flash risk assessment
- Arc flash study example

# **Understanding Electrical Power Systems**

- Drawing symbols
- IEEE device numbers
- Single line review
- Types of switchgear
- Grounding
- Step and touch potential
- Coordination

## **Risk Assessment and Control**

- Job briefing
- Three stage safety model
- Hierarchy of risk control methods
- Arc flash incident review

#### **Codes and Standards**

 Review of applicable codes and standards major changes to CSA Z462

# 6 Steps to an Electrically Safe Work Condition

- Establish an electrically safe work condition
- Lock out tag out review

## Safety Equipment and PPE

- Review typical electrical worker PPE
- Insulated gloves
- Arc flash clothing
- Hot stick
- Protective grounds
- Voltage detector

## **Work Involving Electrical Hazards**

- Energized work and permits
- Exceptions to energized work permits
- Multi-meters and restricted approach boundaries
- Contact release and rescue methods

### **Lock Out Tag Out Exercise**

- Hazard identification
- Job planning
- PPE requirements







To register for this course or for more information, please contact canadatraining@shermco.com or 306-949-8131.